MFS® EMPLOYER 403(b) PLAN (THE "PLAN") DISTRIBUTION AUTHORIZATION



For Individual Accounts Using MFS Heritage Trust Company as Custodian

*These distributions are generally rollover-eligible.

These distributions are generally **not rollover-eligible.

PLAN NAME		
MAILING ADDRESS		
CITY	STA	ATE ZIP CODE
PLAN ADMINISTRATOR'S OR CONTACT'S NAME	PLAN ADMINISTRATOR'S OR CONTACT	T'S PHONE NUMBER
This is the Plan's new address. Please update in Section 8.)	he account information. (A Medallion Signature G	uarantee is requir
Participant in Plan		
PARTICIPANT'S FIRST NAME	MI LAST NAME	
PARTICIPANT'S SOCIAL SECURITY NUMBER	PARTICIPANT'S DATE OF BIRTH (MM/DD/YYYY)	
Reason for Distribution		
For Permissive Service Credit skip to Section 4.		
○ Reached age 59½*		
○ Termination/Retirement*		
O Disability*		
○ Plan Termination*		
O Death*		
Financial Hardship**	S DATE OF DEATH (REQUIRED)	
Required Minimum Distribution** Note: To establish a series of ongoing payments, complete the Er	oloyer 403(b) Installment Distribution Authorization Form.	
Qualified Reservist*		
Qualified birth or adoption distribution*		

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4.		Service Credit If applicable, plead distribution is checked, then compaction 8.		A Medallion Signa	ture Guara	intee					
	distribution understand	cipant in a defined benefit governn for the purpose of funding permis: that the check will be made payab or for distribution.	sive service credits in such plan. Th	· · · · · · · · · · · · · · · · · · ·							
	NAME OF RETIRE										
	SIGNATURE OF F	PARTICIPANT									
5.	Distribution	Instructions									
	redemption prod	ncludes recently purchased shares, teeds of those shares for a period has cleared. These redemption pr	of up to seven business days in or	der to enable MFS		rm					
	Distribute all 403(b) accounts registered to the participant in the Plan										
	Indicate the fund and the account number(s) from which you want to withdraw and the amount to be distributed. If the distribution amount requested exceeds the account balance, all shares in the account will be sold.										
	FUND NUMBER	ACCOUNT NUMBER	AMOUNT	SHARES	SELECT ONE: DOLLARS	ALL					

6. Withholding/Rollover Instructions Please complete A, B, or C.

Eligible rollover distributions made to the participant or surviving spouse/non-spouse designated beneficiary are subject to 20% mandatory federal income tax withholding. Non-eligible rollover distributions such as Required Minimum Distributions, Hardship withdrawals, or payments due to death to a non-spouse designated beneficiary that is not an individual (such as a charity or estate) are subject to voluntary tax withholding and Section 6B must be completed for these distribution types only. Please note that the amount requested for distribution in Section 5 will be reduced by the amount withheld for taxes.

SECTION 6 CONTINUED FROM PREVIOUS PAGE

A.		with! Distri DE, I. (the I with!	holding to the ibutions which A ² , KS, ME, MI list of states ma hold at least th	nent of the amount(s) in participant or surviving are subject to federal in D, MA, MN³, NE, NC, Co ay change as a result of the minimum state tax restate income taxes with	spouse/non-sponcome tax withlow, OR, VT, and fending state	ouse designate nolding and w VA are subject legislation). If relection. Dist	d beneficiary as specification of the deficiency as specification of the deficiency and the deficiency state in the deficiency of the deficiency as specification of the deficiency and the deficiency of the deficiency as specification of the deficiency and the deficiency as specification of the d	ied in Section 7. nts of AR, CA, CT ¹ , ncome tax withholding thholding, MFS will ents of all other states
		\circ v	Vithhold	% (if more than 20)%) for federal in	ncome taxes.		
	:	Form Resid Reside Reside or have	CT-W4P is on file ents of IA will hav ents of MN will have submitted a cor bmitted with this	sidents of CT are subject to sand the request is not redee e state income taxes withhe we state income taxes withh mpleted Form W-4MNP for a distribution request. If you h the applicable state tax rate	ming the entire plar d unless you qualify eld regardless of wh a periodic or non-per ave not submitted a	for the retirement ther you've elect todic distribution completed W-4N	t income exclusion. red federal income tax with If not already submitted, a	nolding unless you submit Form W-4MNP should
	4			ve state income taxes withher c or partial distribution with		eral income tax w	ithholding unless you submi	it a completed form
В.		Make 10% with	e a single payn because the p drawal, or disti	nent of the amount(s) in the control of the amount(s) is not an eligible ribution due to death the control of t	ndicated in Sect ble rollover distri o a non-spouse	bution (Requir designated be	ed Minimum Distribut neficiary that is not an	ion, Hardship i individual).
		\bigcirc V	Vithhold	% (0%-100	%) for federal ir	come taxes.		
		If the recipient is a resident of AR, CA, CT ¹ , DE, IA ² , KS, ME, MA, MN ³ , NE, NC, OK ⁴ , OR, VT, and VA state income tax will be withheld also (the list of states may change as a result of changing state legislation). If your state requires withholding, MFS will withhold at least the minimum state tax regardless of your election.						
	2 3	Form C Resider Resider or have be sub will with Resider	T-W4P is on file a nts of IA will have nts of MN will have submitted a committed with this dithhold based on thats of OK will have	dents of CT are subject to stand the request is not redeen state income taxes withheld e state income taxes withheld pleted Form W-4MNP for a istribution request. If you have applicable state tax rate in e state income taxes withheld or partial distribution with the	ning the entire pland unless you qualify f d regardless of where periodic or non-periode we not submitted a contaccordance with standards.	palance. or the retirement ther you've electe odic distribution. I completed W-4MI ate statute.	income exclusion. d federal income tax withho f not already submitted, a F NP at the time of your distrib	olding unless you submit orm W-4MNP should oution request, MFSC
C.	\bigcirc	Direc	tly roll over the	e amount(s) indicated i	n Section 5. (dire	ect rollovers ar	e not subiect to tax w	ithholdina) to:
			•	raditional or Roth IRA.			,	3.
		\bigcirc	A new MFS E beneficiary is	Beneficial IRA. An MFS attached.	Beneficial IRA A	pplication con	npleted by the non-spo	ouse designated
			_	MFS traditional or Roth iciary, or an existing Be f Funds.	_		· · ·	_
			FUND NUMBER	ACCOUNT NUMBER	PERCENTAGE	FUND NUMBER	ACCOUNT NUMBER	PERCENTAGE

SECTION 6 CONTINUED FROM PREVIOUS PAGE

	PLAN NAME	PLAN TYPE (IRA, ROTH IRA OR ELIGIBLE RETIRE	EMENT PLAN)	
	TRUSTEE OR CUSTODIAN NAME			
_				
	yment Instructions		211	
ado ber	dress other than to the Employer neficiary, the beneficiary's addres:	ployer or Plan Administrator for distribution. Checks w or Plan Administrator, even if requested. If the check is s is needed for mailing IRS tax reporting forms.		
IVIa	ke payment to: Participant in Plan			
	Trustee or custodian of an Indivi if Part 6C was completed. Please	vidual Retirement Arrangement or eligible Retirement Ple e note that a check will not be produced for any assets icial IRA or MFS eligible Retirement Plan.)		
\bigcirc	Beneficiary is an individual			
	DATE OF BIRTH (MM/DD/YYYY)	SOCIAL SECURITY NUMBER		
	BENEFICIARY MAILING ADDRESS (FOR MAILIN	NG IRS TAX REPORTING FORMS)		
	- CTV			
	CITY		STATE ZIP CODE	
		ry for this account, please attach a signed letter of instruction ress, and distribution instructions, as well as the percentage ear or Plan Administrator.		
\bigcirc	Beneficiary is not an individual			
		ss and taxpayer identification number (TIN) of the chari dual beneficiary to which the check is to be made paya		tutior
	BENEFICIARY'S NAME	TIN		
	MAHING ADDRESS			
	MAILING ADDRESS			
	CITY		STATE ZIP CODE	

8. Employer Authorization

I certify that (1) I am an authorized signer for this Plan; (2) this distribution is in accordance with the terms of the Plan; (3) the Plan Administrator has provided the participant or other distributee with a written explanation of the rules permitting direct rollover of eligible rollover distribution amounts to an eligible retirement plan and mandating 20% federal income tax withholding on distributions that are not directly rolled over, and has also complied with any other notice requirements that are applicable to this distribution (e.g., notices of annuity form of benefit, spousal consent, voluntary withholding, etc.); (4) all the distribution amounts that are being directly rolled over are eligible rollover distributions and are being rolled over to an eligible retirement plan that will accept them; (5) if a distributee receives an amount that is not an eligible rollover distribution and thus is subject to voluntary federal tax withholding, and any applicable state tax withholding, MFS Service Center Inc., and its affiliates may rely on my authorization for federal tax withholding and any applicable state tax withholding; and (6) the Employer/Plan Administrator has not delegated to any other person or entity, by this form or otherwise, its income tax withholding duties and obligations under section 3405 of the Internal Revenue Code of 1986, as amended. MFS Service Center, Inc., and its affiliates, the MFS Funds and the Custodian, MFS Heritage Trust Company, are entitled to rely on my authorization and are released from any and all claims I may have, or claim to have, with respect to this distribution; (7) if the distribution is for financial hardship, the Participant has met and is subject to the related terms of the Plan and (8) if the distribution is for plan termination, the employer/plan sponsor hereby certifies that its 403(b) Plan has been terminated in compliance with the final 403(b) regulations and all of the contracts issued under the Plan at that time the Plan was terminated satisfied all of the applicable requirements of the final 403(b) regulations (other than the requirement that there be a written plan). I also agree to indemnify and hold harmless MFS Service Center, Inc., and its affiliates, the MFS Funds and the Custodian, MFS Heritage Trust Company, from and against any loss, liability, cost or expense (including, without limitation, counsel fees and expenses in connection with the contest or settlement of any claim) that any one of them might incur or sustain, or discover that they have incurred or sustained, by reason of any claim or claims which may be made against any of them as a result of this distribution.

SIGNATURE OF EMPLOYER/PLAN ADMINISTRATOR (AUTHORIZED PERSON)	DATE (MM/DD/YYYY)
PRINT NAME	
Medallion Signature Guarantee	
 A Medallion Signature Guarantee is required if: the value of the redemption is more than \$100,000, or the reason for distribution is permissive service credit (see Section 4), or you have notified MFS of an address change within the past 30 days 	
AFFIX STAMP HERE	*Medallion Signature Guarantee stamp must not be dated. The signature(s) must be guaranteed by an eligible bank, broker, dealer, credit union, national securities exchange registered securities association, clearing agency, or savings association. Medallion Signature Guarantees shall be accepted in accordance with policies established by MFS Service Center, Inc. Notarization by a Notary Public is not acceptable in lieu of a Medallion Signature Guarantee provided by one of the eligible guarantor institutions listed above.

If you have any questions about this form, please contact the Retirement Plans Service Department at 1-800-637-1255 any business day.

Mail completed form to:

Regular mail

MFS Service Center, Inc. P.O. Box 219341 Kansas City, MO 64121-9341 Overnight mail

MFS Service Center, Inc. Suite 219341 430 W 7th Street

Kansas City, MO 64105-1407